

COURTYARD

March

Gracious Assisted Living

2010

Featured Resident: Jo Thompson



Amber Jolene Thompson who likes to be called just “Jo” was born right here in Loveland at McKee Hospital on October 25th 1985. Her parents Sheri Fender and father Bob Thompson are parents to two girls. They divorced when Jo was 9 years old. Her mother Sheri is a secretary for the Thompson School District and her sister Heather is also employed by the school district as a 1st grade teacher at Mary Blair.

Jo is quite familiar with Mary Blair, as that is where she attended elementary school. She remembers her favorite part of school was swinging on the swing set. She also attended Conrad Ball Middle School, Thompson Valley High School and Loveland High School.

At the age of 17 Jo went to live with her father in Orlando, Florida. She was employed at both Disney World and Universal studios working as a ride operator and on the cleaning crew. “It was really hot and humid”, says Jo, but she liked the free passes to the amusement parks. At the age of 19 she and

her father relocated to Arvada, Colorado.

Jo found that she loved the Tinkerbell character when she was working at Disney World because she is “so cute and she fixes things...that’s why they call her tinker.”

Jo’s favorite color is lavender, her favorite food is fried shrimp, and mocha is her favorite flavor of ice cream. Spending time with her family is probably her most favorite thing in the world. However she does like to learn about God and attends a College Group with Grace Community Church where 15 people get together to fellowship and study the Bible. She also attends Spirit Crossing Club House in Fort Collins. She helps out in administrative support duties such as answering the phones and stuffing envelopes.

Jo remembers when she and her mother went on a cruise. She said that was such a great vacation because you sit back and they do everything for you. She said the Broadway shows were “awesome.”



Jo with her mother
Sheri . →→→→

Heather, Jo’s older
Sister, is married with
three adorable children.





If you would like to receive this newsletter via e-mail you will be able to look at everything in color! Just send Trisha your e-mail address.
trisha@courtyardofloveland.com



FROM THE DIRECTOR



bee

A Wish For You!

Today...I wish you a day of ordinary miracles – a fresh pot of coffee you didn't make yourself... an unexpected phone call from an old friend... green traffic lights on your way to work or shop.

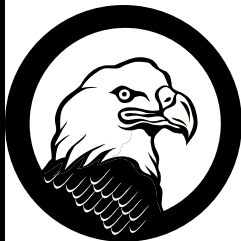
I wish you a day of little things to rejoice in...the fastest line at the grocery store...a good sing along song on the radio...your keys right where you look.

I wish you a day of happiness and perfection – little bite-size pieces of perfection that give you the funny feeling that the Lord is smiling on you, holding you so gently because you are someone special and rare.

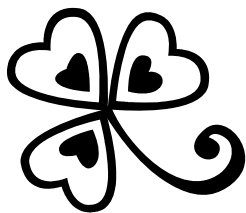


I wish you a day of Peace, Happiness and Joy. They say it takes a minute to find a special person, an hour to appreciate them, a day to love them, but then an **entire life** to forget them!

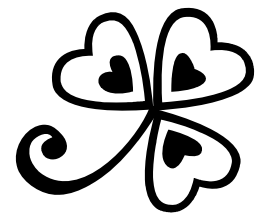
.....Norma May-



Our 'Courtyard Eagle of the Month' is **Heather Burgess** . Thank you Heather, from all of our residents and your fellow staff members for **'being so helpful and loving, always beginning our day with a smile.'** Congratulations and enjoy your dinner!



IRISH BLESSINGS



May you live as long as you want,
And never want as long as you live.

May you always have work for your hands to do.
May your pockets hold always a coin or two.
May the sun shine bright on your windowpane.
May the rainbow be certain to follow each rain.
May the hand of a friend always be near you.
And may God fill your heart with gladness to cheer you.

May the road rise to meet you,
May the wind always be at your back,
May the sun shine warm upon your face,
The rain fall soft upon your fields,
And until we meet again,
May God hold you in the palm of his hand.

As you slide down the banister of life, may the splinters never point the wrong direction.



♥ Gary and Roger ♥
 will perform "Rag Time Band Music"
 Tuesday, March 9th
 3:00 in the dining room

Due to illness in our facility we had to cancel Gary and Roger but rebooked them for March. You don't want to miss this high energy performance

WASH YOUR HANDS *WASH YOUR HANDS***WASH YOUR HANDS**
 In order to help everyone stay healthy we ask that you please use soap and water and wash your hands frequently. There are also sanitizing gels available in dispensers throughout the facility.



Out To Lunch Bunch
 Let's pick a place to go out to lunch. Residents must pay their own way, you will need around \$10 to be on the safe side. The group will make suggestions and a decision will be made.
 Wednesday, March 10th

Let's go
 Shoe Shopping!
 Famous Footwear
 Centerra Shopping Center
 Wednesday
 March 11th
 3:00



Congratulations to Lorraine Sible, Ruby Koschene, Gladys Rowand, and Fred Lenke for their art work that was selected to be auctioned in the Alzheimer Association Art Auction. Each of the artist's and their families will be invited to attend a tea party at the Fort Collins Country Club. Their art work will then be a part of the auction that will raise money for the Alzheimer's Association for education and research.



PAWS
 Pets Are Working Saints
 We will be having visits from a PAWS group that is anxious to share their furry friends with the residents of The Courtyard. If dogs are not your thing...just say "no thank you"...



Lynn Gosney has served for one year as your resident council president. Thank you Lynn for your service we appreciate your volunteering for this position. At our March Resident Council Meeting we will be looking for a new president. Please be thinking of who would be good to nominate.
 Resident Council Meeting
 Thursday, March 11th at 10:15 a.m.
 Everyone is encouraged to attend!



Need a gift idea for a resident?

- A gift certificate for hair
 Shampoo/Set \$9
 Haircut \$12
 Shampoo only \$2
 Perm \$30
 Perm & Haircut \$35
 Perm, haircut, & set \$40
 Color Retouch \$20
 All over color \$30
 Contact: Anita Brands 970-219-6335
 Professional hairdresser
- A gift certificate for foot care
 \$25 per treatment
 Contact: Stephanie Egbret 663-1614
 A professional foot care specialist and nurse who comes monthly.



Welcome to
The Courtyard of Loveland



March Birthday



Please welcome Donna Irvine who is living in room #3. Donna is from Laramie, Wyoming but was living in Arvada prior to moving to Loveland. Donna has a daughter who lives in Loveland. Donna is a mother to six children and finds doing art a great past time.



Happy Birthday
Ruby Koschene
March 25th

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The Courtyard of Loveland
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